

R O W A N

# Verbena

By Sarah Hatton





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## SIZE

	S	M	L	
To fit foot circumference	20	23	26	cm
	8	9	10	in
Foot length - as desired				

## YARN

### Fine Art

1 1 1 x 100gm  
(photographed in Stoa 003)

## NEEDLES

Set of 5 double-pointed 2½mm (no 12/13) (US 1) needles  
OR 2½mm (no 12/13) (US 1) circular needle, 80 cm long if using the magic loop technique

## TENSION

32 sts and 42 rows to 10 cm measured over st st using 2½mm (US 1) needles.

## SPECIAL ABBREVIATIONS

**M1L** = make one stitch by picking up horizontal loop before next stitch from front and knitting into back of it; **M1R** = make one stitch by using left hand needle and picking up horizontal loop before next stitch from behind and knitting into front of it; **wyab** = with yarn at back (WS) of work; **wyaf** = with yarn at front (WS) of work.

## Pattern note:

The designer prefers to use the cast-on and cast-off methods detailed in the text as they avoid a toe seam and give stretchy cast-off edge. Other methods are acceptable if preferred.

SOCKS (both alike - knitted from toe to cuff)

Use the Turkish cast-on method as follows:

Hold 2 needles in left hand, with points to the right. Leaving a tail

of approx 13 cm (5 in), grip tail in left hand along with needles. Wrap the working yarn loosely around both needles 9 [11: 13] times, working from left to right and moving the yarn away from you and then back toward you over the top of both needles. Using a 3rd needle (or bottom needle if using one circular), knit the loops from the top needle, taking care not to allow the loops on the bottom needle drop off. Then turn and knit the loops from the other needle. 18 [22: 26] sts.

If using double-pointed needles, distribute sts evenly over 4 of the 5 needles.

Now work in rounds as follows:

**Round 1 (RS):** Knit.

This round forms st st.

Place marker on needle to denote beg and end of rounds.

**Round 2:** (K1, M1, K7 [9: 11], M1, K1) twice. (4 sts increased).

**Round 3:** Knit.

**Round 4:** (K1, M1, K9 [11: 13], M1, K1) twice.

Last 2 rounds set the toe shaping.

Cont as set, working 2 sts more between each set of increases until there are 62 [70: 78] sts.

Work 1 round in st st.

Now work in patt as follows:

**Round 1:** K12 [14: 16], K2 tog, K1, (yfwd, K1) twice, sl 1, K1, pssso, K to end.

**Round 2 and every alt round:** Knit.

**Round 3:** K11 [13: 15], K2 tog, K1, yfwd, K3, yfwd, K1, sl 1, K1, pssso, K to end.

**Round 5:** K10 [12: 14], K2 tog, K1, yfwd, K5, yfwd, K1, sl 1, K1, pssso, K to end.

**Round 7:** K9 [11: 13], K2 tog, K1, yfwd, K7, yfwd, K1, sl 1, K1, pssso, K to end.

**Round 8:** Knit.

These 8 rounds form patt and set the sts - patt in centre of upper foot with all other sts worked in st st.

Cont straight as set until foot meas 8 cm less than desired foot length, ending after patt round 1, 3, 5 or 7.

**Shape gusset**

**Next round:** Patt 32 [36: 40], M1L, K to last st, M1R, K1. (2 st increased).

**Next round:** Patt.

Rep last 2 rows 9 times more. 82 [90: 98] sts.

### Shape heel

Turn work so that **WS** is now facing and now work across 51 [55: 59] sts of lower foot as follows:

**Row 1 (WS):** Sl 1 wyaf, P50 [54: 58], turn.

**Row 2:** Sl 1 wyab, K33 [35: 38], inc in next st, K1, wrap next st (by slipping next st from left needle to right needle, taking yarn to opposite side of work between needles and then slipping same st back onto left needle - when working back across wrapped sts, work the wrapping loop and the wrapped st tog as one st) and turn.

**Row 3:** P18 [20: 22], inc in next st, P1, wrap next st and turn.

**Row 4:** K16 [18: 20], inc in next st, K1, wrap next st and turn.

**Row 5:** P14 [16: 18], inc in next st, P1, wrap next st and turn.

**Row 6:** K12 [14: 16], inc in next st, K1, wrap next st and turn.

Cont in this way, working 2 less sts on every row before wrapping the next st and turning, until the foll row has been worked:

**Next row (WS):** P2 [4: 6], inc in next st, P1, wrap next st and turn. 61 [65: 69] sts in lower foot.

**Next row:** K18 [21: 24].

**Next row:** P31 [35: 39].

### Heel flap

**Row 1:** (Sl 1, K1) 15 [17: 19] times, sl 1, K1, pssso, turn.

**Row 2 (WS):** Sl 1, P29 [33: 37], P2tog, turn. 32 [36: 40] sts in lower foot.

Rep last 2 rows 13 times more, ending with RS facing for next row.

**Next row:** (Sl 1, K1) 15 [17: 19] times, sl 1, K1, pssso, ending at marker denoting beg/end of round, do NOT turn.

Now beg working in rounds again across all 63 [71: 79] sts as follows:

**Next row:** K31 [35: 39], K2tog, K to end. 62 [70: 78] sts.

Keeping patt correct, cont until leg meas approx 8 cm (or approx 7 cm less than desired leg length), ending with patt round 4.

**Next round (RS):** K10 [12: 14], K2 tog, K1, yfwd, K2, yfwd, sl 1, K1, pssso, K1, yfwd, K1, sl 1, K1, pssso, K to end.

**Next round:** Knit.

**Next round:** K9 [11: 13], K2 tog, K1, yfwd, K1 K2tog, yfwd, K1, yfwd, sl 1, K1, pssso, K1, yfwd, K1, sl 1, K1, pssso, K to end.

**Next round:** Knit.

**Next round:** K11 [13: 15], yfwd, sl 1, K1, pssso, K2, yfwd, sl 1, K1, pssso, K1, K2tog, yfwd, K to end.

**Next round:** Knit.

**Next round:** K12 [14: 16], yfwd, sl 1, K1, pssso, K3, K2tog, yfwd, K to end.

**Next round:** Knit.

**Next round:** K13 [15: 17] yfwd, sl 1, K1, pssso, K1, K2tog, yfwd, K to end.

**Next round:** Knit.

**Next round:** K14 [16: 18] yfwd, sl 1, K2tog, pssso, yfwd, K to end.

Work 3 rounds in st st.

**Next round (RS):** \*K1 tbl, P1, rep from \* to end.

This round forms rib.

Cont in rib for a further 15 rounds.

Now cast off in the following way:

**Next round:** K1, \*K1, slip sts back onto right needle, K2tog tbl, (one st now on right needle), rep from \* to end.

Fasten off.

See information page for finishing instructions.

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